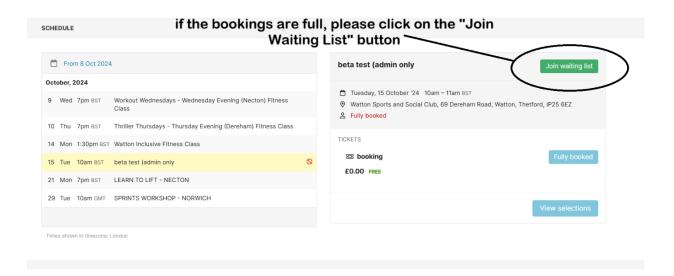
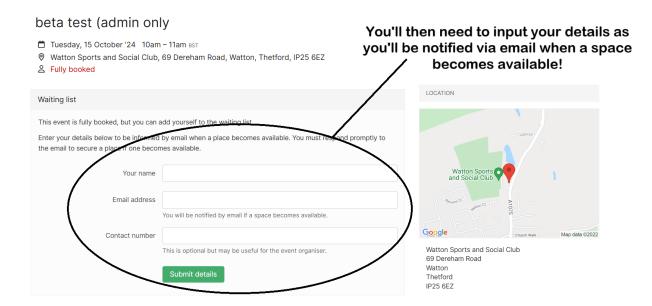
A simple guide with regards to joining on the waiting list for Fitness Classes, S&C Courses/Workshops available.

Note – by joining on the waiting list does not guarantee you a place, if a spot becomes available. You will have to act within 10 minutes to book online before this will automatically go to someone else next in line for them to book online.

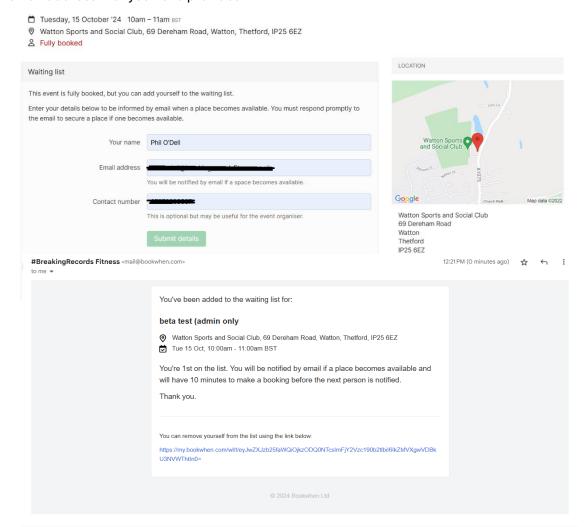
Step 1



Step 2



Step 3 – this will confirm you are on the waiting list, email notification will be sent to you with the email address that you have provided



Step 4 – when a space becomes available, you will only have 10 minutes to book online to secure your spot with payment, otherwise this will pass onto the next person after you if no action is taken from yourself to book sooner!

